

## Full Bio

Adam Timmerman was born in Cherokee, Iowa and raised on a farm. As a child he enjoyed many sports, including baseball, basketball, track, and football. After graduating from high school, Adam attended South Dakota State University where he earned Division II All-American and Academic All-American honors. During his college career he played in the Snow Bowl, a Division II all-star game. He graduated from SDSU in 1993 with a degree in Ag Business.

Adam was drafted as an offensive lineman in the 7th round (230th overall pick) of the 1995 NFL draft by the Green Bay Packers. He played guard for four seasons in Green Bay and helped the Packers win Super Bowl XXXI and reach Super Bowl XXXII. In 1999 he signed with the St. Louis Rams where he played for eight seasons. As a Ram he was a member of the 1999 "Greatest Show on Turf" team that won Super Bowl XXXIV and returned to Super Bowl XXXVI in 2001. During his time with the Rams he also appeared in two Pro Bowls and was a team captain from 2003-2005. By the time he retired from the NFL in 2007, Adam had played in over 200 games, won two Super Bowls, and blocked for 6 NFL MVPs.

Adam was led to Christ and discipled by his teammates and Chaplain at the Green Bay Packers. The Chaplain of the St. Louis Rams, Walt Enoch, mentored him and got him involved in Fellowship of Christian Athletes (FCA). Adam served as an FCA board member for seven years in St. Louis, then continued to serve as an advisory board member after moving his family back to Iowa. Once back in the Cherokee area, Adam helped bring FCA back to Cherokee High School. He was an FCA high school huddle coach from 2013-2016 and served on the Iowa state FCA board in 2017. In 2018 he was called to serve as the FCA Area Director for Northwest Iowa, a position in which he still serves. Over his years of involvement with FCA, Adam has seen the ministry share the gospel with countless people and has seen many lives transformed by God's grace and biblical discipleship. He has seen God use FCA to open many doors and put people in place to continue serving coaches and athletes.

Apart from his work with FCA, Adam served as a shareholder and General Manager of Icon Ag & Turf (John Deere dealerships) for over 10 years and is also involved in farming. He and his wife of 30 years, Jana, have three children, Mason (Libby), Alexa (John), and Jada, and one granddaughter, Esther.