



Participant Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

\*Registration Fee is \$25

Check # \_\_\_\_\_ Total \$ \_\_\_\_\_

Credit Card Type      VISA                      MASTERCARD

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

T-Shirt Size \_\_\_\_\_

\*Please check your appropriate competition division below

<u>Women</u>	<u>Men</u>
_____ 14 years and under	_____ 14 years and under
_____ Age 15-20 years	_____ Age 15-20 years
_____ Age 20-30 years	_____ Age 20-30 years
_____ Age 30-40 years	_____ Age 30-40 years
_____ Age 40-50 years	_____ Age 40-50 years
_____ Age 50 and older	_____ Age 50 and older

Send your registration to:

1st Annual Timber Trot  
 C/O Hidden Acres  
 3837 Union Ave  
 Dayton, IA 50530



## 1<sup>st</sup> Annual Timber Trot

**Date:** Saturday September 4, 2010

**Check In:** Check in will begin at 7 a.m. You can pre-register by printing the registration form off of our website at [www.hacamps.org](http://www.hacamps.org) or by calling the office at 515-547-2751 and requesting a registration form. Runners can also register the morning of the run too.

**Route:** The Timber Trot will start for all ages at 8 a.m. The route will be a 5K (3.1 mile) course that will take you through some of Hidden Acres' beautiful property. The course will be very similar to a cross country run so you can expect to be on and off road throughout the race. Please know that you may encounter mud and possible wet areas along the course. This is a Run/Walk race so participants need not worry about the level of physical fitness. Just enjoy the time and help us raise some funds!

**Awards:** Trophies will be awarded to the top finishers in each age division for both men and women. Times will be kept at the finish line for participants.

**Food / Refreshments:** There will be refreshments at the end of the race for participants.

If you have any additional questions feel free to contact the Hidden Acres office at 515-547-2751 or Ryan Graden at 515-231-2675.